



Learn how to speak and sound like a woman!, 0



Seller Info

Name: Biebie Productions
Country: South Africa
State/Region/Province: Western Cape
City: Bothasig
First Name: Barbara
Last Name: Barbieri
Website: <https://biebieproduction.simdif.com/>

Listing details

Description

Price: 0

Title: Learn how to speak and sound like a woman!

Location

Additional information

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<p>So, how does speech therapy work for someone who's transitioning? What does it involve?</p>
<p>You come once a week, sometimes twice a week if you're really eager to speed things up, and you do different vocal exercises. Pitch is one of the most important markers. Men on average speak at 110-120 [Hertz], gender neutral is 145-165, and women are 210-220. In most cases the goal is to try to get to gender neutral, which basically means that if you called somebody on the phone, and they speak in what's known as the gender neutral pitch, you probably wouldn't be able to tell if they were a man or a woman.</p>
<p>So that's the first piece, but along with that, they have to learn other things, like posture and speech intonation. Speech intonation is how much your voice goes up and down in a sentence. Men tend to speak in a very monotone, even tone. Women speak in many, many different pitches; as they speak they go up and down, they go high, they go low. So that's really important–a person who's transitioning needs to learn how to use that range in their voice.</p>
<p>They also practice moving the resonance of their voice up higher. Men speak in their chests. If you're a man and you say a word, if you put your hand on your chest you'll feel a vibration. If you're a woman, you speak in your face. So that's another thing they try to work on—they move that resonance from deep in their bodies higher up.</p>
<p>Another thing is women speak more precisely. They enunciate their words. Men don't do that as well, so men actually have to learn to articulate their words more precisely to sound like a believable



woman.

Volume will also be something to look at as a man will just speak with greater volume—so he'll speak louder—and a woman will tend to speak higher, tend to raise her pitch higher.

The problem with just going with pitch, even though it's a very important m

